

PLAY MOVE IMPROVE

Spatial Awareness -
Tap Nose then Finger



Kinder
Copy

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
	A
	B
	C
	D
	E
	F
	G

MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Tap Nose then Finger

Instructions:

Ask children to tap their nose, then tap your outstretched finger, repeat this 3 times.

During this activity, I am watching the child's ability to find their nose smoothly (body awareness) and then target their finger toward my outstretched finger without undershooting (not quite reaching my finger) or overshooting my finger (spatial awareness).

What to look for:

Firstly, note their ability to smoothly locate their nose, assessing their body awareness as they complete this action. Secondly, pay attention to their accuracy in targeting your outstretched finger; observe if they can consistently reach the finger without undershooting or overshooting it, indicating their spatial awareness and fine motor coordination.

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Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
A				
B				
C				
D				
E				
F				
G				

PLAY MOVE IMPROVE

Spatial Awareness -
Tap Nose then Finger

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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Tap Nose then Finger

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
	H
	I
	J
	K
	L
	M
	N
	O
	P
	Q
	R
	S
	T

Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
H				
I				
J				
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Tap Nose then Finger

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
	U
	V
	W
	X
	Y
	Z
	AA
	BB
	CC
	DD
	EE
	FF
	GG

Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
U				
V				
W				
X				
Y				
Z				
AA				
BB				
CC				
DD				
EE				
FF				
GG				

PLAY MOVE IMPROVE

Spatial Awareness - Colour Sequence Tapping



Kinder
Copy

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
	A
	B
	C
	D
	E
	F
	G



MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Colour Sequence Tapping

Instructions:

Print and cut out the coloured dots on the handout. Spread the large dots into a rainbow arc shape on the ground. Ask the child to stand on their right foot and tap each coloured dot with their left hand, following the sequence of the coloured dot strips (the strip of small dots). Once they have completed 4 or 6 dots while standing on their right foot, have them stand on their left foot and tap 4 or 6 coloured dots with their right foot this time.

What to look for:

Assess their concentration and motor control as they complete the sequence on each foot, which helps in evaluating their balance, coordination, and focus during this task. Also observe the child's balance and coordination as they stand on one foot and tap each coloured dot in sequence.

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Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
A				
B				
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F				
G				

PLAY MOVE IMPROVE

Spatial Awareness
- Colour Sequence
Tapping

Kinder
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Colour Sequence Tapping

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)	Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
	H	H				
	I	I				
	J	J				
	K	K				
	L	L				
	M	M				
	N	N				
	O	O				
	P	P				
	Q	Q				
	R	R				
	S	S				
	T	T				

PLAY MOVE IMPROVE

Spatial Awareness
- Colour Sequence
Tapping

Kinder
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Colour Sequence Tapping

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)	Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
	U	U				
	V	V				
	W	W				
	X	X				
	Y	Y				
	Z	Z				
	AA	AA				
	BB	BB				
	CC	CC				
	DD	DD				
	EE	EE				
	FF	FF				
	GG	GG				

PLAY MOVE IMPROVE

Spatial Awareness - Hula Hoop Spatial Relations



Kinder
Copy



MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hula Hoop Spatial Relations

Instructions:

Provide children with flashcard that say the words 'in front', 'behind', 'on top', 'in', 'out', 'under' and encourage children to move their body with the hula hoop in correspondence with the flashcards. For example, if a child reads out the flashcard 'in', the partner steps inside the hula hoop. If the partner reads the flashcard 'under', the other child holds the hula hoop above their head to position their body under the hula hoop.

What to look for:

Firstly, monitor their understanding and application of spatial concepts ('in front', 'behind', 'on top', 'in', 'out', 'under') as they move their bodies in response to each flashcard. Note how accurately they interpret and execute the corresponding actions with the hula hoop.

Secondly, assess their auditory processing skills, observing how well they listen and respond to verbal instructions provided by an older sibling or adult reading the flashcards.

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Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes
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PLAY MOVE IMPROVE

Spatial Awareness
- Hula Hoop Spatial
Relations

Kinder
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PMI
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hula Hoop Spatial Relations

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
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PLAY MOVE IMPROVE

Spatial Awareness
- Hula Hoop Spatial
Relations

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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hula Hoop Spatial Relations

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
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PLAY MOVE IMPROVE

Spatial Awareness
- Hopscotch



Kinder
Copy

Child's Name (Eg. Sally)	Kinder's Code (Eg. Child A)
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hopscotch

Instructions:

Draw a hopscotch grid on the ground with chalk, or use a hopscotch mat and have the children hop on one foot and jump to each square while picking up a marker or stone.

This activity builds balance, bilateral coordination, and jumping skills.

What to look for:

Firstly, monitor their balance as they hop on one foot and jump to each square of the hopscotch grid, noting how well they maintain stability and control during the activity. Secondly, assess their bilateral coordination, observing their ability to coordinate movements between both sides of the body while hopping and jumping.

Additionally, evaluate their jumping skills, noting their technique and ability to land safely and accurately on each square while picking up a marker or stone.

Play Move Improve's Code (Eg. Child A)	Able to Complete Independently	Needed Help or Prompting to Complete	Not Yet Able to Complete	Notes	PMI Copy
A					
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F					
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PLAY MOVE IMPROVE

Spatial Awareness
- Hopscotch

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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hopscotch

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	H	H				
	I	I				
	J	J				
	K	K				
	L	L				
	M	M				
	N	N				
	O	O				
	P	P				
	Q	Q				
	R	R				
	S	S				
	T	T				

PLAY MOVE IMPROVE

Spatial Awareness
- Hopscotch

Kinder
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MOTOR DEVELOPMENT SCREENING PROGRAM

Spatial Awareness - Hopscotch

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	V	V				
	W	W				
	X	X				
	Y	Y				
	Z	Z				
	AA	AA				
	BB	BB				
	CC	CC				
	DD	DD				
	EE	EE				
	FF	FF				
	GG	GG				