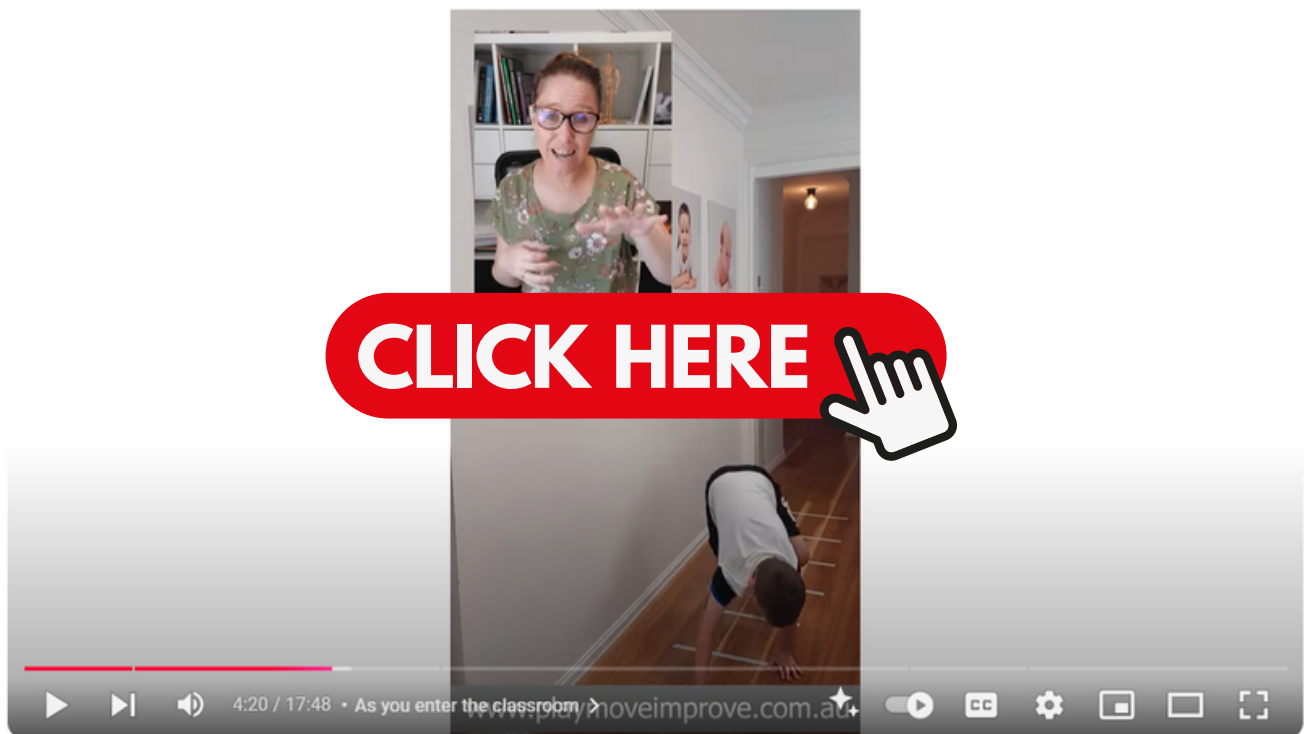


Transition Movements for Kindergarten or School



Overview

This video presents a series of morning movement activities designed to be implemented as children enter the classroom. Each activity should be practiced daily for 1-2 weeks for optimal results.

- Activities should be performed daily for 1-2 weeks before progression
- Ideally conducted first thing in the morning when children are fresh
- Each activity builds upon fundamental movement skills
- Progress from simple visual tracking to complex coordinated movements



Setup Requirements

- Clear entry space or foyer area
- Masking tape lines on the floor (adjustable spacing for different activities)
- Basic equipment: torch, soft balls of varying sizes
- Optional: recording device for movement analysis

Implementation Strategy

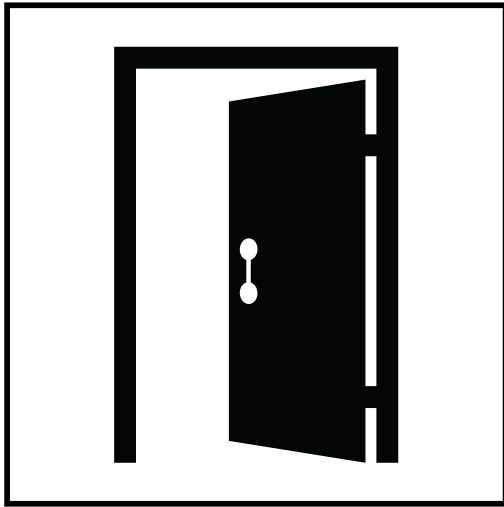
- Organize children's belongings (backpacks, drink bottles, hats) beforehand
- Consider having children store items first, then return to the foyer
- Create a systematic flow to manage classroom entry
- Allow time for individual assessment while maintaining group flow

Observation

- Observe and assess motor skills during natural movement
- Use simple, two-word prompts for corrections
- Record movements for detailed analysis if needed
- Track progress over the 1-2 week period
- Reduce prompting as skills improve



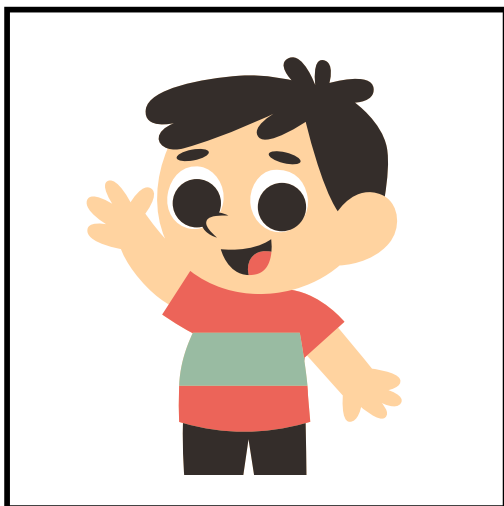
Transitioning



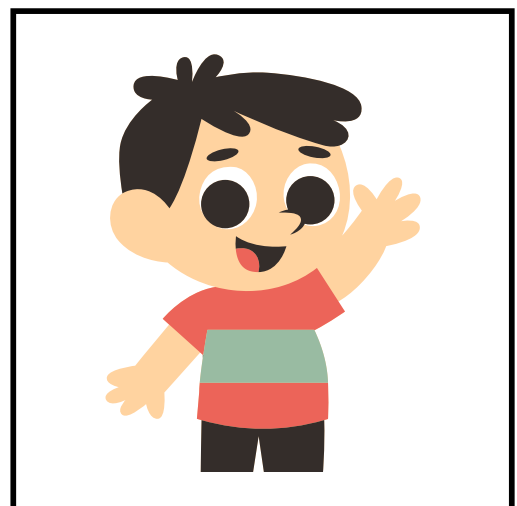
Hello



Goodbye



Hello



Goodbye